



Six-Minute Walk Test

Time: 12:20 PM

Patient Name: **SIMULATED DEMO DATA**

MRN#: **123456**

Physician Dr. EzSat

Age: 28

Test Date: September 24, 2009 Room# Out/P

Gender: Male

B.M.I.: 26.1

Height (cm): 177

Weight (Kg): 81.65

Supplemental oxygen during the test: **NO**

Walking aids used: **NO**

Medication:

| | Baseline | End of Test | Minimum | Maximum |
|------------|----------|-------------|---------------------|---------|
| BP | | 135/98 | | |
| HR | 91 | 94 | 82 | 105 |
| SPO2 (%) | 96 | 97 | 96 | 98 |
| Dyspnea | 0 | 5 | (Borg scale 0 - 10) | |
| Fatigue | 0 | 5 | (Borg scale 0 - 10) | |
| Resp. Rate | 0 | 22 | | |

| ABG (/ /) | |
|-------------|----------|
| pH | |
| PCO2 | (mmHg) |
| PO2 | (mmHg) |
| Base Ex. | (mmol/L) |
| Bicarb | (mmol/L) |
| TCO2 | |
| O2 Sat | (%) |
| FIO2 | |

| Activity | Comments | SPO2 | Pulse Rate | Total Time (min:sec) | Time (min) |
|----------|---|------|------------|----------------------|------------|
| Sitting | | 97 | 105 | 00:30 | 0.0 |
| | | 97 | 91 | 01:00 | 0.5 |
| Standing | | 97 | 87 | 01:30 | 1.0 |
| | | 97 | 91 | 02:00 | 1.5 |
| Walking | BORG Taken: Dys=0.0, Fat=0 @ 0:32 (Total Test Time) | 96 | 91 | 02:30 | 0.5 |
| | BORG Taken: Dys=1.0, Fat=1.0 @ 2:03 (Total Test Time) | 96 | 89 | 03:00 | 1.0 |
| | BORG Taken: Dys=2.0, Fat=3.0 @ 2:41 (Total Test Time) | 96 | 95 | 03:30 | 1.5 |
| | Pause:0 min, 20 sec @ 1:01 (Stage Time),Leg Fatigue | 96 | 88 | 04:00 | 2.0 |
| | | 96 | 93 | 04:30 | 2.5 |
| | | 96 | 92 | 05:00 | 3.0 |
| | | 96 | 94 | 05:30 | 3.5 |
| | | 96 | 95 | 06:00 | 4.0 |
| | | 96 | 110 | 06:30 | 4.5 |
| | | 97 | 91 | 07:00 | 5.0 |
| | | 97 | 98 | 07:30 | 5.5 |
| Recovery | | 96 | 93 | 08:00 | 6.0 |
| | | 97 | 91 | 08:30 | 0.5 |
| | | 97 | 89 | 09:00 | 1.0 |
| | | 96 | 92 | 10:10 | |

Probe Type:

Stopped / Paused before 6 minutes: **YES** Patient stopped / paused 1 times.

Reason: Leg Fatigue,

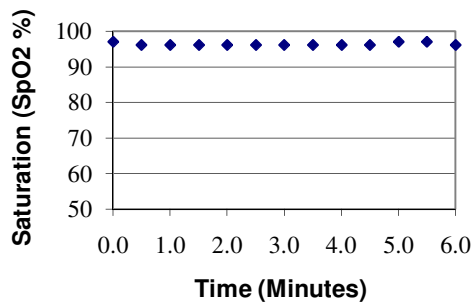
Other symptoms at end of exercise: **NO**

Total distance walked: **450** meters in **2** minutes. **21** seconds (30 m/lap, 15.00 laps walked)

Predicted distance: **747** meters **60.24** % Predicted. Predicted LLN: 594

(Predicted value extrapolated from 40 to 67 years of age predicted set as no predicted value exists for under 40 years of age)

Oxygen Saturation



Tech. Comments: Technician comments can be entered here (you can also have pre-entered text populate this area)

Tech: Tech Name #1, Tech Name #2

Physician Interpretation: Physician Interpretation is entered here.

John Doe

Interpreting Physician: Dr. I. EzSat





Six-Minute Walk Test

Time: 12:20 PM

Patient Name: **SIMULATED DEMO DATA**

MRN#: **123456**

B.M.I.: 26.1

Physician Dr. EzSat

Age: 28

Height (cm): 177

Test Date: September 24, 2009 Room# Out/P

Gender: Male

Weight (Kg): 81.65

| TIME | SPO2 | HR | TIME | SPO2 | HR | TIME | SPO2 | HR | TIME | SPO2 | HR |
|-------|------|-----|------|------|----|------|------|----|------|------|----|
| 0:20 | 96 | 94 | | | | | | | | | |
| 0:30 | 97 | 105 | | | | | | | | | |
| 0:54 | 97 | 88 | | | | | | | | | |
| 1:00 | 97 | 91 | | | | | | | | | |
| 1:10 | 97 | 87 | | | | | | | | | |
| 1:30 | 97 | 87 | | | | | | | | | |
| 1:58 | 96 | 92 | | | | | | | | | |
| 2:00 | 97 | 91 | | | | | | | | | |
| 2:14 | 96 | 89 | | | | | | | | | |
| 2:24 | 96 | 93 | | | | | | | | | |
| 2:30 | 96 | 91 | | | | | | | | | |
| 3:00 | 96 | 89 | | | | | | | | | |
| 3:30 | 96 | 95 | | | | | | | | | |
| 3:58 | 96 | 85 | | | | | | | | | |
| 4:00 | 96 | 88 | | | | | | | | | |
| 4:26 | 96 | 90 | | | | | | | | | |
| 4:30 | 96 | 93 | | | | | | | | | |
| 4:51 | 96 | 93 | | | | | | | | | |
| 5:00 | 96 | 92 | | | | | | | | | |
| 5:30 | 96 | 94 | | | | | | | | | |
| 6:00 | 96 | 95 | | | | | | | | | |
| 6:30 | 96 | 110 | | | | | | | | | |
| 6:49 | 96 | 92 | | | | | | | | | |
| 7:00 | 97 | 91 | | | | | | | | | |
| 7:30 | 97 | 98 | | | | | | | | | |
| 7:38 | 96 | 92 | | | | | | | | | |
| 7:58 | 96 | 92 | | | | | | | | | |
| 8:00 | 96 | 93 | | | | | | | | | |
| 8:30 | 97 | 91 | | | | | | | | | |
| 8:42 | 96 | 92 | | | | | | | | | |
| 9:00 | 97 | 89 | | | | | | | | | |
| 9:21 | 96 | 89 | | | | | | | | | |
| 9:25 | 96 | 90 | | | | | | | | | |
| 9:30 | 96 | 92 | | | | | | | | | |
| 9:36 | 96 | 90 | | | | | | | | | |
| 9:47 | 96 | 88 | | | | | | | | | |
| 10:00 | 97 | 92 | | | | | | | | | |
| 10:06 | 96 | 94 | | | | | | | | | |
| 10:10 | 96 | 92 | | | | | | | | | |

| Walk Test History | | | |
|------------------------|--------------|-----------------------|---------------------|
| Test Date | Minimum SPO2 | Total Distance Walked | Time Walked (mm:ss) |
| 4/20/09 | 96 | 0 | 0:00 |
| 4/20/09 | 96 | 0 | 0:00 |
| 6/22/09 | 95 | 0 | 0:03 |
| 6/22/09 | 95 | 0 | 0:03 |
| (10 most recent tests) | | | |

"*" = an SPO2 drop from previous recorded datapoint

"R" = a datapoint during recovery

"P" = a datapoint during a pause

